

# Holy Redeemer Chapel

✠ ROMAN CATHOLIC ✠

PRE-VATICAN II - TRADITIONAL LATIN MASS

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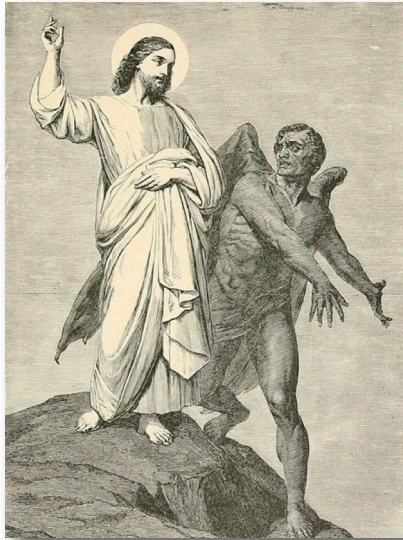
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## First Sunday of Lent

March 9<sup>th</sup>, 2025

*Rev. Carlos A. Ercoli - Rev. Héctor L. Romero*



*The temptations of Christ*

*“Begone, Satan, for it is written, The Lord thy God shalt thou adore, and him only shalt thou serve.” (Matt. 4, 10)*

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\* **MASS TIMES THIS WEEK** \*

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Sunday, March 9 <sup>th</sup>	<b>FIRST SUNDAY OF LENT</b> ☩Don Lafond ( <i>Mr. Alan Caron</i> ) ☩Van R. Gabriel -birthday ( <i>Mrs. Dee Gabriel</i> )	8:00 A.M. 10:30 A.M.
Monday, March 10 <sup>th</sup>	<b>Forty Holy Martyrs</b> ☩Charlotte Caron ( <i>Mr. Alan Caron</i> )	11:15 A.M.
Tuesday, March 11 <sup>th</sup>	<b>Ferial Day</b> ☩Anita Werling -death anniv. ( <i>Mrs. Diana Oberti</i> )	11:15 A.M.
Wednesday, March 12 <sup>th</sup>	<b>St. Gregory the Great, PCD</b> ( <i>Ember Wednesday</i> ) Mr. John Boyle -health ( <i>Anonymous</i> )	11:15 A.M.
Thursday, March 13 <sup>th</sup>	<b>Ferial Day</b> Vincent & Marie Lombardi ( <i>Mr. Mark Cash</i> )	11:15 A.M.
Friday, March 14 <sup>th</sup>	<b>Ferial Day</b> , ( <i>Ember Friday</i> ) ☩Paula Burrington ( <i>Mr. Alan Caron</i> )	11:15 A.M.
Saturday, March 15 <sup>th</sup>	<b>Ferial Day</b> , ( <i>Ember Saturday</i> ) Addison & Leah Lambert ( <i>Steven Lambert family</i> )	9:00 A.M.
Sunday, March 16 <sup>th</sup>	<b>SECOND SUNDAY OF LENT</b> ☩Holy Souls in Purgatory ( <i>Ms. Ivy Vu</i> ) Fathers Ercoli & Romero ( <i>Mr. Richard Hevron</i> )	8:00 A.M. 10:30 A.M.

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\* **ANNOUNCEMENTS** \*

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- **IMPOSITION OF BLESSED ASHES** will follow Holy Mass today.
- **DAY OF RECOLLECTION DURING LENT** for ladies & gentlemen is this Saturday, **March 15<sup>th</sup>** (HRC)
- **NOVENA TO ST. JOSEPH** starts tomorrow, March 10<sup>th</sup>.
- **WEDNESDAY, FRIDAY AND SATURDAY ARE EMBER DAYS.**
- **STATIONS OF THE CROSS DURING LENT:** every **Saturday after 9:00 A.M. Mass.** The Stations will conclude by a blessing with a relic of the true Cross (*Holy Redeemer Chapel*)
- **PARISH BAKE SALE.** The *Altar & Rosary Society* is organizing a Parish Bake Sale for **March 30<sup>th</sup>**.

\* **RULES OF FAST & ABSTINENCE DURING LENT** \*

- **RULES OF FAST:** The laws of fast apply to persons between the ages of 21 & 59. On a fast day one may eat one full meal and two light meatless meals, which together would not equal the main meal. Meat may be taken at the principal meal, except on days of complete abstinence. Liquids such as water, milk, and fruit juices may be taken between meals.
- **RULES OF ABSTINENCE:** The laws of abstinence apply to everyone seven years of age and over. On a day of complete abstinence no meat, meat gravy or soup made from meat may be taken. On a day of partial abstinence meat may be taken once.

**REMEDIES AGAINST TEMPTATIONS**

*by St. Francis de Sales*



**P**ayer. As soon as you find yourself in any temptation, do what little children do when they see a wolf or a bear in the country; for straightway they run to the arms of their father or mother, or at all events they call them to their help and assistance. Have recourse in like manner to God, imploring his mercy and his assistance: it is the remedy which our Lord teaches: Pray, that ye enter not into temptation.

**2. The Cross.** If you find that, notwithstanding, the temptation perseveres or grows stronger, run in spirit to embrace the holy Cross, as if you saw Jesus Christ crucified before you; protest that you will not consent to the temptation, and ask him for help against it, and so long as the temptation lasts, cease not to protest that you do not wish to consent to it.

**3. Distract the attention.** Divert your mind from it by means of good and praiseworthy occupations; for these occupations, entering into your heart and taking possession of it, will drive away the evil temptations and suggestions.

**4. Be open with our spiritual director.** The sovereign remedy against all temptations, great or small, is to open the heart and to communicate the suggestions, feelings and affections which we have to our director; for note that the first condition which the evil one makes with the soul which he wishes to seduce is silence . . . while, on the contrary, God in his inspirations, requires above all things that we should make them known to our superiors and directors.

**5. Do not argue with the enemy.** Do not dispute with your enemy, but give him no answer at all save that which our Lord gave him: Begone, Satan, the Lord thy God shalt thou adore and him only shalt thou serve.

**TO STRENGTHEN US AGAINST FUTURE TEMPTATIONS:**

**1. Fight against dominant passion.** Consider from time to time what passions are predominant in your soul and when you have discovered them, adopt a manner of life which is altogether contrary to them, in thoughts, words and deeds. For example, if you find yourself inclined to vanity, think often of the miseries of this human life; consider how troublesome these vanities will be to the conscience at the moment of death; how unworthy they are of a generous heart, that they are only the toys and amusements of little children, and such like things. ... If you are inclined to give and to receive love, often think how dangerous it is, both to yourself and to others; how unworthy a thing it is to profane the noblest affection of the soul, and to use it merely for the sake of diversion; how well it deserves the accusation of extreme frivolity of spirit.

**2. Practice of virtue.** Finally, in time of peace, when temptations to your besetting sin do not trouble you, make acts of the contrary virtue, and should no occasions for such acts present themselves, seek to meet them, for by this means you will strengthen your heart against future temptations.

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\* A NOTE TO NEWCOMERS \*

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Welcome to the traditional Latin Mass, and to the unchanged Catholic Faith. The priests and parishioners of Holy Redeemer Chapel reject the changes of Vatican II. They want to preserve the Roman Catholic Faith by maintaining everything that was taught and done by the Church prior to Vatican II. In order to receive the sacraments here, it is therefore necessary that you attend exclusively the traditional Latin Mass, and avoid the new Mass and reformed sacraments. We also invite you to take our booklet entitled *The Traditional Latin Mass*, which is very informative. We encourage you to visit our bookstore for some additional reading & information about the present crisis in the Church.

\* PLEASE, OBSERVE OUR DRESS CODE \*

**For Men:** A shirt and tie, with either suit coat, jacket or sweater, and dress shoes on Sundays and holy days of obligation. No earrings. **For Ladies:** A dress or skirt is required; no pants. The skirt must at least cover the knee, and should not be tight or otherwise revealing in any way. Immodest slits are forbidden. Clothing should be loose and not form-fitting. A head covering is also required. See-through blouses are forbidden, as well as clothing which is low-cut. **For Everyone:** No tennis shoes, sandals, denim, even on weekdays. The standards of Catholic modesty must be observed.

\* APPOINTMENTS & OTHER INFORMATION \*



If you wish to make an appointment with the priest, please call the rectory at (206) 299-1522. **Baptisms** are by appointment. At least one of the **Parents & Godparents** must be practicing Catholics in good standing who reject the changes of Vatican II. If you are contemplating **Matrimony**, catechism instructions may be needed; depending on the case, you may need to contact the priest as early as one year in advance of your wedding. When making arrangements for **Funerals**, please contact the priest before contacting the funeral director. **Extreme Unction & Sick Calls**, please do not put off making arrangements until the last moment. Let us know if a member of the Chapel is sick, hospitalized or in danger of death. For any emergency, please call **Fr. Ercoli** at (586) 215-3251.

**INDULGENCES OF THE WAY OF THE CROSS**



The faithful who with at least a contrite heart, whether singly or in company, perform the pious exercise of the **Way of the Cross**, when the latter has been legitimately erected according to the prescriptions of the Holy See, may gain:



- A **plenary indulgence** as often as they perform the same;
- Another **plenary indulgence** if they receive Holy Communion on the same day, or even within a month after having made the Stations ten times;
- An **indulgence of 10 years** for each station, if for some reasonable cause they are unable to complete the entire Way of the Cross. (*RACCOLTA 194*)