2025 Holy Meek Schedule



✤ PALM SUNDAY ✤

• 10:30 A.M. Blessing of Palms, Procession, & High Mass. (5:30 P.M. @ St. Joseph's)

HOLY THURSDAY

• 7:00 P.M. Holy Mass, Procession to the Altar of Repose, Stripping of the Altar & Washing of the Feet (Mandatum).

• 9:00 P.M. All Night Vigil of Adoration at the Altar of Repose until Noon on Friday. *Please sign up in the vestibule for an hour's vigil.*

Sood Friday &

• Noon. Ceremonies begin with Mass of Catechumens, the Passion of our Lord, Supplications, Adoration of the Cross, and the Mass of the Presanctified.

Nota Bene: It is a pious custom to observe complete silence from 12:00 to 3:00 P.M. on Good Friday, in honor of Our Lord's agony and death.

• 2:00 P.M. Stations of the Cross followed by veneration of the Relic of the True Cross (*Plenary Indulgence*).

HOLY SATURDAY

• 9:00 A.M. Ceremonies begin with Blessing of the Fire, Reading of the Prophesies, Blessing of the Baptismal Font, Litany of the Saints followed by Holy Mass. The Lenten Fast ends after Mass.

🕸 EASTER SUNDAY 🕸

• 8:00 & 10:30 A.M. Low & Solemn High Mass. Potluck (5:30 P.M. @ St. Joseph's)

Holy Redeemer Chapel

11824 Tenth Ave. SW Seattle, WA. 98146 🖀 (206) 299-1522.

HOLY WEEK INDULGENCES

from the RACCOLTA

145: Altar of Repose. The faithful who devoutly visit the Blessed Sacrament in the Altar of Repose on Holy Thursday or Good Friday, and recite the "*Our Father*," "*Hail Mary*," and "*Glory Be*" five times in Thanksgiving for the institution of the Holy Eucharist and one "*Our Father*", "*Hail Mary*," and "*Glory Be*," for the intentions of the Sovereign Pontiff, are granted:

- Indulgence of 15 years
- Plenary Indulgence once each day if, in addition to confession, they receive Holy Communion

165: Pange Lingua (Hymn)

- Indulgence of 7 years
- Indulgence of 10 years if recited before the Blessed Sacrament
- Plenary Indulgence if said every day for a month

189: Office of Tenebrae

- Indulgence of 10 years on each of these days
- Plenary Indulgence if all three days are attended

191: Ejaculation. "We adore Thee, O Christ, and we bless Thee; because by Thy holy Cross Thou hast redeemed the world."

• Indulgence of 3 years

193: Vexilla Regis prodeunt (Hymn)

- Indulgence of 5 years
- Plenary Indulgence if said every day for a month

195: Good Friday

• Plenary Indulgence for the faithful who strive to meditate for 3 continuous hours on the Passion of Christ.



INDULGENCES OF THE WAY OF THE CROSS

The faithful who with at least a contrite heart, whether singly or in company, perform the pious exercise of the **Way of the Cross**, when the latter has been legitimately erected according to the prescriptions of the Holy See, may gain:



- A *plenary indulgence* as often as they perform the same;

- Another *plenary indulgence* if they receive Holy Communion on the same day, or even within a month after having made the Stations ten times;

- An *indulgence of 10 years* for each station, if for some reasonable cause they are unable to complete the entire Way of the Cross. (*RACCOLTA 194*)